

# *Inwood 5K Run*

## Past Champions

	<u>Men</u>		<u>Women</u>	
1993	Alex Cuzzo	16:07	Liz Flahaven	19:41
1994	Robert Ostroff	17:03	Liz Flahaven	19:39
1995	Adam Cigliano	16:26	Liz Flahaven	18:54
1996	Harry Penn	16:22	Liz Flahaven	18:47
1997	Harry Penn	15:54*	Liz Flahaven	18:52
1999	Ken Graham	15:55	Una Broderick	19:18
2000	Jesse Millner	16:50	Una Broderick	19:12
2001	Jesse Millner	17:19	Una Broderick	18:47
2002	Vincent Morton	18:10	Una Broderick	19:10
2003	Arthur Vendreyes	18:04	Una Broderick	19:23
2004	William Fodor	17:05	Kathleen Fodor	18:42*
2005	John Daly	18:23	Sharon Green	21:22
2006	Robert Ostroff	17:13	Noni Acceturi	19:03
2007	Brian Mongeon	17:04	Una Broderick	18:44
2008	Brian Mongeon	16:47	Christine Williams	18:45
2009	Joseph Koelbel	17:40	Christine Williams	19:30
2010	Angelo Melendez	16:59	Jessica Petermann	19:22
2011	Patrick McCabe	18:15	Shaniqua Kirkpatrick	19:56
2012	Matthew Badamo	16:18	Carina Ferry	20:55
2013	Christopher Koegel	16:57	Shaniqua Kirkpatrick	19:16
2014	Gerry O'Hara	16:51	Shaniqua Kirkpatrick	19:33
2015	Ronald Joseph	18:43	Lauren Dorsey	20:33
2016	Akhanni Delgado	17:59	Shayla Sanders	20:01
2017	John Phelan	18:41	Una Broderick	20:18

\*Course Record